



# MENU



**STORE + ICE CREAM 8-5**  
**BREAKFAST 8-11**  
**LUNCH 11-4**



**TO MAXIMIZE YOUR BEACH TIME**  
**MOBILE ORDERING IS AVAILABLE**  
**[ASSATEAGUEOUTFITTERS.COM](http://ASSATEAGUEOUTFITTERS.COM)**

## SUBMARINES

available as a wrap  
**SERVED WITH CHIPS**  
**UPGRADE FOR \$3**  
**FRIES - RINGS - SLAW - FRESH FRUIT**

**THE PIPER \$15**  
philly style cheesesteak, premium ribeye, your choice of toppings

**THE PAGE \$15**  
chicken cheesesteak, Philly style, your choice of toppings

**THE FIRENZE \$15**  
classic hot or cold Italian sub. citterio ham, salami, capicola, provolone. thinly sliced in house

**THE GARDEN \$13**  
housemade hummus, cucumbers, tomatoes, shredded carrots, mixed greens, sprouts

**THE JIVE LEE \$14**  
house sliced turkey, swiss, sprouts, your choice of toppings

### FREE TOPPINGS

lettuce - tomato - onion - hots - sweets  
pickles - mayo - relish - ranch - bbq  
tartar - cocktail - honey mustard  
oil + vinegar

### PREMIUM TOPPINGS

sautéed mushrooms - avocado - hummus  
bacon - american - swiss  
cheddar - provolone

**THE FIVE TIDES IS COMMITTED**  
**TO SUSTAINABLE PACKAGING**

## SANDOS

**SERVED WITH CHIPS**  
**UPGRADE FOR \$3**  
**FRIES - RINGS - SLAW - FRESH FRUIT**

**CAROLINA CUBANA \$16**  
pulled pork, fresh sliced ham, pickles, spicy mustard, swiss, thick Texas toast

**SMASHBURGER \$15**  
black angus beef, american, lettuce, sautéed onions, pickles, housemade burger sauce, premium roll

**FISH TACOS \$16**  
mahi, sharp cheddar, asian slaw

**CHICKEN CAESAR WRAP \$14**  
romaine, housemade caesar, grilled chicken and shaved parmesan.

**SHRIMP SALAD WRAP \$16**  
housemade, lettuce, tomato

**FRIED FLOUNDER \$14**  
lettuce, tomato, housemade tartar

**CAROLINA STYLE \$13**  
pulled pork, housemade signature sauce, kaiser, housemade slaw on the side

**5T GRILLED CHEESE \$9**  
american and cheddar melted on thick Texas toast

**upgrade:**  
ham - bacon **\$3** tomato **\$1**

**HOT DOG \$8**  
1/4lb premium frank, 100% beef, grilled, your choice of toppings

# SALADS

## FIELD OF GREENS \$8

tomatoes, sprouts, cucumbers, shredded carrots, red onion, housemade croutons

**dressings:** ranch, caesar, italian honey mustard

## CAESAR \$8

shaved parmesan, croutons, and housemade dressing

## ITALIAN CHOPPED \$15

romaine, raw onions, tomatoes, chick peas, provolone, salami, capicola, citterio ham, dusted with oregano served with an Italian vinaigrette

**+CHICKEN BREAST - 8**

**+SHRIMP SALAD - 10**

# BASKETS

## EASTERN SHORE \$15

fried shrimp, fries, housemade slaw and cocktail sauce

## FISH + CHIPS \$14

breaded flounder served with fries and housemade tartar

## CHICKEN TENDERS \$14

country style breaded, fries, housemade honey mustard

## HUMMUS + GUAC \$13

homemade hummus and guac, tortilla chips, celery, cucumber

## ONION RINGS BASKET \$7

beer battered onion rings

## MOZZARELLA STICKS \$7

served with marinara

## BASKET OF FRIES \$7

# LOOKING FOR AN ADVENTURE?

**VISIT THE BAYSIDE RENTAL STAND**

# LITTLES

with fresh fruit or fries

## CHICKEN TENDERS \$9

## SMASHBURGER \$9

## GRILLED CHEESE \$7

## MOZZARELLA STICKS \$7

# NOR'EASTERS

premium fruit puree blended with ice

## BERRY GARCIA \$8

## FROZEN LEMONADE \$8

## MANGO PINEAPPLE \$8

# SCOOPED ICE CREAM

## CUP OR CONE

SINGLE SCOOP \$4

DOUBLE SCOOP \$5

WAFFLE CONE +\$1

## OLD FASHIONED SHAKE \$8

# BEVERAGES

## TRACTOR DRINKS \$4

organic craft beverages

## KIDS \$3

tractor drinks - milk

## COFFEE

sm \$3 lg \$4 cold brew \$5

@the5tides

**50% OF OUR PROFITS GO DIRECTLY TO THE MARYLAND COASTAL BAYS PROGRAM**

**LEARN MORE ABOUT OUR MISSION AT [WWW.ASSATEAGUEOUTFITTERS.COM](http://WWW.ASSATEAGUEOUTFITTERS.COM)**

# BREAKFAST

8am-11am

## BREAKFAST SANDO \$10

egg\*, meat, and cheese on a premium roll or wrap. **served with homefries.** the choice is yours:

**scrapple - bacon - ham**

**sausage - porkroll**

## MORNING DEW (all day) \$15

traditional acai blended with bananas and blueberries. topped with fresh fruit, granola, and honey

## NICK FRENCH'S TOAST \$9

thick texas toast with powdered sugar. add egg\*, meat or fruit \$3

## AVOCADO TOAST \$8

housemade guac, spread on Texas toast or vegan wheatberry. topped with pico. add egg\* for \$3

## ADD A SIDE OF HOMEFRIES \$3

# OMELETTES

## BUILD YOUR OWN \$13.50

**pick any 3 - add extras .75 each**

## SERVED WITH HOMEFRIES

tomatoes - **sautéed mushrooms**

**onions** - peppers - **bacon** - sausage

ham - **pork roll** - scrapple

**american** - swiss - **cheddar** - provolone

**add avocado \$2**

\*CONSUMING RAW OR UNDERCOOKED EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.